



16 April 2020

www.rotarybbay.org.au

Four Way Test
of the things we
think, say or do

Is it the **TRUTH**?
Is it **FAIR** to all concerned?
Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
Will it be **BENEFICIAL** to all concerned?

We had 15 participants to our second Zoom Meeting on Thursday evening. It was great to catch up with everyone and hear how members are filling their time in isolation and also to hear that everyone is keeping well.

If you have not tried to connect with Zoom just give me a ring and we can talk you through the process, it is very easy.

Zoom is being used more frequently at the moment and there is always a dark side to the internet and hackers are always busy. Please check that when you receive an invitation to join our Rotary Meeting that the email is from me. Look forward to catching up next Thursday.

Greater Mogo Bushfire Recovery

We have been notified by Eurobodalla Council that Mogo area has been allocated 10 Recovery Pods for temporary living.

The 7.2m x 2.4m units are fully self contained and come equipped with a 2,300 litre water tank. They can operate on the included 5KVA generator or use a 15amp external plug-and-play mains connection. Internally they have a toilet, shower and small open kitchen with a two-burner stove.

The pods are not designed for long-term accommodation, they are intended to provide a solution in rural and remote areas devastated by recent bushfires as the rebuilding process is ongoing.

After checking with authorities, including Police, one of the demountables on Charles St will be used as a "Have a Chat" Centre for locals. There will be onsite volunteers and a Padre Counsellor available. Social distancing rules will apply. There will also be access to the internet available.

MEETINGS
16th April 2020 (Meeting 2967)
Zoom Meeting 7.30pm
Invitation will be sent by email.
Please enter waiting room before 7.30pm



Club members who were here and who remember our 2012 Rotary exchange student from Brazil, Raul Fabris, will be pleased to know he has graduated in medicine and is currently working as a Doctor for the army in Bento Goncalves, Brazil. His fiancé, Jessica, is also a Doctor and is in general practice in the town.

Save the date!

Casamento
Jéssica e Raul

15.08.2020
Criciúma - SC



2020 Rotary Bowel Care Program runs from 1st April to 31st May. Kits are on display in pharmacies
Cost is \$20

Neil and Jenny Simpson have received a 'save the date' for Raul and Jessica's wedding in Criciúma (their home town) to be held on 15th August 2020. Neil has suggested arranging a web cam in case international visitors can't travel to South America by then. Raul asks to be remembered to the club and hopes we all stay safe in the current situation!

Member's News

We think of David and Jan Harding. David is now living at Opal Care and Jan has been given permission to visit, which we are pleased to hear.

Secretary Alan is busy in his other position as Manager of Meals on Wheels. He has more clients to service with meals but luckily more volunteers have come on board to assist.

We look forward to having Neil and Jenny back in the Bay shortly after looking after Jenny's Mum in Forbes.

Polio Survivors see in coronavirus era levels of fear not seen since poliomyelitis epidemics

(Taken from an article by Larissa Romensky – ABC Central Victoria)

During the height of the polio epidemic in parts of Australia, state borders, schools, pools, and theatres closed, and travel restrictions and quarantine measures were introduced.

Newspapers published daily numbers and deaths. Sound familiar?

Known as “the silent epidemic”, the highly infectious viral disease struck people out of nowhere and moved silently throughout the community. Those infected were left isolated from the community and often stigmatised. However polio today has passed out of the consciousness of Australians because of the success of its vaccination program in the mid-1950s.



PHOTO: The polio ward at Ballarat Base Hospital in regional Victoria. (Image Supplied: Dr Kerry Highley)

Polio was first recognised as a notifiable disease in Tasmania in 1911, with the rest of Australia following in 1922. Of the several polio epidemics that occurred in Australia the most notable ones happened in the late 1930s and early 1950s.

It was a disease that mainly affected children under five years of age. The virus attacked the motor neurons that relayed messages from the spinal cord to muscles, often leading to muscular degeneration and in some cases paralysis.

There was no idea as to what caused polio, or how it was transmitted. However a breakthrough came when the Queen visited Western Australia in 1954, as concern of excessive handshaking prompted a public health message. Someone came up with the bright idea of issuing every child with a bar of soap and a towel. They were told to wash their hands frequently throughout the day as they lined up to see the Queen go passed.

They saw that there was a marked drop in the incidence of polio and realised there was a possible connection with **handwashing**. Eventually, it was discovered that polio was contracted through infected faecal matter entering the mouth, usually via someone's hands or an object.

An effective vaccine became available in Australia in 1956, developed by American medical researcher and virologist Jonas Salk and his team.

This changed the course of the world and the same will happen when a vaccine is developed for coronavirus, which hopefully will be in the near future.

Companies are redesigning their logos to reflect Social Distancing

Source: Channel 9 website



Should Rotary follow suit

**UNTIL FURTHER NOTICE
THE DAYS OF THE WEEK
ARE NOW CALLED,
THISDAY, THATDAY,
OTHERDAY, SOMEDAY,
YESTERDAY, TODAY &
NEXTDAY!**